

Wharton I.S.D.
Athlete Handbook
2017-2018



Athlete's Last Name

First Name

Grade

WHARTON INDEPENDENT SCHOOL DISTRICT
2017-2018 ATHLETIC GUIDELINES ACKNOWLEDGEMENT FORM

The 2017-2018 Athletic Handbook is available online at www.whartonisd.net.

If you would like a paper copy you may come by the High School Athletic Office or call 979-488-4849 to request a copy to be sent home with your student. The Junior High will also have copies available to be sent home upon request. To contact the Junior High Athletic office call 979-532-6840.

Please sign and return this form and keep the athletic policies for your records.

I HAVE READ AND UNDERSTAND THE GUIDELINES THAT WILL BE USED IN THE WHARTON INDEPENDENT SCHOOL DISTRICT ATHLETIC DEPARTMENT AND AGREE TO SUPPORT AND ABIDE BY THESE POLICIES.

Parent's Signature: _____ Date: _____

Athlete's Signature: _____ Date: _____

Note: The Wharton ISD Athletic Department Policies are guidelines for the athletic department. The Athletic Director has the option of changing or recommending a different course of action depending on the situation.

ATHLETIC STATEMENT

Wharton ISD strives to foster character, leadership, and decision-making skills through student involvement in supervised programs and activities. These policies provide guidelines and expectations applicable to all Wharton ISD student athletes. These policies supplement the Wharton ISD Student Code of Conduct. The Athletic Director and/or the Head Coach have the authority to dismiss an athlete for violations of these guidelines.

The most important aspect of successful programs besides hard work is the strict belief in the concept of the team. While each member of the team has individual goals or responsibilities in their position, the ultimate goal is to work together as one unit to complete the task at hand. As coaches, it is our goal to build the team concept above being an individual, develop the importance of team over each athlete's individual success, and help improve communication skills between all members of the team. We all contribute in some way to the total team success. Whatever your status, be proud of the role you play and work as hard as you can. We have high expectations of each and every team and staff member.

MESSAGE TO OUR PLAYERS AND PARENTS

Participation in any extra-curricular activity is not a right, it is a privilege.

As with any privilege which gives satisfaction or rewards back to the participant, there must be a price to pay in order to reap those rewards. The following rules and policies give a clear indication of exactly what is expected and demanded of you as a member of this program.

ATHLETIC DEPARTMENT

PERSONNEL

Chad Butler
Roben Eller
Curtis Williams
Brittani May

Director of Athletics
Women's Coordinator
Junior High Coordinator
Athletic Secretary

HEAD COACHES

Nicole Curtis
Seth Due
Jonathan Gibson
Brent Wuthrich
Jonathan Gibson
Chad Butler
TBD
Denise Anderson
Spencer Anthony
Tonya Sulak
Roben Eller
Reggie Davis
Erica Garza
Erica Garza
Jonathan Cherry

Athletic Trainer
Boys Basketball
Girls Basketball
Baseball
Cross Country
Football
Golf
Softball
Powerlifting/S&C
Boys & Girls Swimming
Boys & Girls Tennis
Boys Track
Girls Track
Volleyball
Boys/Girls Soccer

PHILOSOPHY OF ATHLETICS

WISD

The Wharton ISD Athletic Program is committed to providing a well-rounded program with opportunities for all students to participate in the sports of their choice and to provide an athletic program that will guide student-athletes to develop skills and behaviors that will benefit them in every aspect of life.

We will use the following formula to better assist our student/athletes in understanding how we expect them to handle any situation they may face. It is not a suggestion. This will be a foundational element of every team in our program.

$$\mathbf{E+R=O}$$

Event + Response = Outcome

The **R** factor is the single most important factor in dealing with any event that may arise. How an individual responds plays a major role in the outcome. We must train our student/athletes to understand how their **R** can eliminate many potential problems and lead to great successes.

R1 – Press Pause

Helps you avoid doing something foolish or harmful and it focuses you on acting with purpose.

R2 – Get Your Mind Right

How you talk to yourself and what you focus on. A purpose driven mindset.

R3 – Step Up

The bigger the event, the more important the response. Don't run from the difficult events.

R4 – Adjust and Adapt

Don't blame, change. Get rid of anything that doesn't make you better.

R5 – Make A Difference

Your **R** is an E for others. You don't get the team you want – you get the team you build.

R6 – Build Skill

Talent is a gift. Greatness is a choice. If it doesn't challenge you, it will not change you.

WHARTON ATHLETIC PROGRAM POLICIES

PARTICIPATION PRE-REQUISITE

In order to participate in any UIL sanctioned sport, a student must be in the athletic period. Unavoidable academic conflict is the only exception. A student may be denied the opportunity to participate in a sport due to failure to enroll in the athletic period or non-participation in a sport the previous year. This determination will be left at the discretion of the Athletic Director and/or Head Coach of that sport.

HEALTH AND INSURANCE INFORMATION

Physical exams are required for all incoming 7th - 12th grade athletes each year. Physicals for all athletes must be current and on file with the athletic department before an athlete is allowed to participate in any practice or competition. WISD provides supplemental insurance through the athletic department. Coverage of this policy goes into effect after the athlete's primary care insurance provider files their claim. Claims on school supplemental insurance cover only claims that are usual and customary.

ILL/INJURED ATHLETES

All athletic injuries should be reported to the coach or athletic trainer immediately. An accident report must be completed regarding any injury that requires medical attention. If you become ill, it is imperative that you inform the athletic trainer immediately so that he/she is aware of your condition. At that time, he/she will be able to make a decision on your practice/game status and whether you should see a physician or not. Injuries will be evaluated, treated, rehabilitated, and/or referred to a physician as deemed necessary by the athletic trainer. Seeing a physician without informing the athletic trainer or without the recommendation of the athletic trainer is discouraged. If an athlete does see a physician for any reason, they are required to bring back a note from that physician describing their current condition and status for participation in athletics. **Parent notes will not be accepted as a reason to miss practices.** Athletic periods and practice times are not to be used for treatment or evaluation of injuries unless deemed necessary by athletic trainer. Standard treatment/evaluation times are before school, after school, or another time indicated by athletic trainer.

Note: The training room is not an athlete lounge, nothing should be taken from the training

room without permission, appropriate attire must be worn at all times, and all training staff must be treated with respect at all times. Failure to follow these guidelines **will not** be tolerated.

DRESS / PERSONAL APPEARANCE

Your status as a member of our athletic program requires that you look sharp in uniform and out of uniform. Everyone will wear his or her uniform in the same manner. We are not individuals. All uniforms should consist of the school colors of royal blue, red, and white. Accent colors of black and gray are permissible. Do not wear jewelry in practice. Your appearance away from the field or court, especially at school, should reflect the same pride that you show in our program and must adhere to the **Student Dress Code**.

CARE OF EQUIPMENT AND FACILITIES

Take pride in your equipment and the school's facilities. You will be issued practice and game equipment. If you lose or destroy any piece of equipment, you will be required to pay for it. If you have problems with equipment, see your coach immediately so it can be replaced or fixed (do not wait until the next day). You are to hang your equipment in your locker as directed. Do not track mud and dirt into the dressing areas. Take off cleated shoes before entering the field house area. Clean up in and around your locker each day. Failure to adhere to this policy will result in disciplinary action. School equipment must be turned in after the season is complete. Failure to do so will result in fines and/or disciplinary action. **All equipment that is issued may not be worn outside of the game or practice situation, unless the head coach has approved it.** All athletic equipment issued to an athlete (including any locker/storage area) is the property of Wharton ISD and may be inspected, searched and/or required to be returned at any time.

TEAM TRAVEL

All athletes are required to travel to and from contests with the team unless released to parent(s). At the athletic director/head coach's discretion an exception can be made in case of an emergency. Persons not employed by or enrolled in the school system may not travel on the bus or room with the players while on athletic trips. No athlete may leave the team with anyone other than the parent.

OVERNIGHT TRIPS

Requests for overnight contests must be submitted in writing to the Athletic Director at least 2 weeks in advance of trip. In addition, requests for Student Travel Forms must be completed, approved by the Principal, and forwarded to the Athletic Director for approval at least 2 weeks in advance of trip. A varsity team may be allowed one overnight trip per school year and it must be funded by the sport's Activity Account. In some instances, exceptions to this rule may be appropriate for consideration. **This excludes playoff situations.** When there is overnight travel involved, it is recommended that a minimum of two coaches attend. If the students are both male and female, then every attempt should be made to make sure there is a male and female coach attending the trip. If a coach is not available, then the Athletic Director and coach will recruit a WISD employee to attend the overnight trip with the coach. The coach is responsible for providing an itinerary that is to be given to parents, Athletic Director and Principal prior to going on the overnight trip. The itinerary should include the time of departure, estimated expense, time of return, lodging information and whom to contact in case of an emergency.

CLUB SPORTS/SELECT TEAMS

Club sports or select teams should not interfere with any practice or contest of Wharton athletics. It is not acceptable for an athlete to miss, arrive late, or leave early from a practice or contest for a club sport or select team. If an absence from practice does occur, then it is an unexcused absence. If an athlete misses a contest for a club sport or select team, then a one game suspension could be applied by the head coach of that sport, in addition to counting as an unexcused absence. Any further contest absences will result in a more severe penalty, up to and including dismissal.

ACADEMICS

Athletes must realize that they are students first. Athletes must be passing all subjects at the six weeks grading period in order to be eligible to play. Athletes failing a course will be ineligible for competition for three weeks. They may regain eligibility after three weeks if they are passing all subjects at that time. If not, they remain ineligible for another three weeks. Athletes that habitually earn failing grades on grade reports and/or progress reports become a detriment to the athletic program. Tutorials are available for students that need/want the extra help in a subject area. Our Academic Coordinator will notify each Head Coach of any athlete that is not performing well in the classroom. Also, he/she will

provide the academic probation form and help monitor if needed. However, it is the responsibility of each Head Coach to monitor and manage the academic status of their athletes. **Any athlete who fails two six weeks grading periods in a row will be placed on academic probation. Any athlete on academic probation that fails another six weeks could be removed from the Athletic Program.**

ATTENDANCE

It is the obligation and responsibility of team members to attend scheduled practices, contests, and meetings regularly and on time. If an unavoidable conflict arises with a practice or contest, one of the coaches **must** be notified **before** the workout or game. Failure to make contact prior to the practice, contest, or meeting may result in absence being considered unexcused.

Excused Absences from practice or contest:

Excused absences will be made up. The make up for an excused absence is not punishment but is administered so that the athlete can make up missed work and conditioning. Examples of excused absences are illness, a death in the family, school sponsored activities, or emergency situations. Athletes should understand that when they have to miss, it is imperative that a coach be notified prior to the absence. The High School Athletic number is **979-488-4849**. Junior high athletes or parents may call the Junior High at **979-532-6848** and talk with a coach or leave a message with the office. An email to the sport specific coach will suffice if the notification is prior to the absence. Athletes should understand that habitual absences, even though they may be excused, become detrimental to their ability to perform and to their knowledge of team concepts. Habitual absences could result in disciplinary actions, including loss of playing time and/or possible suspension or dismissal from the team.

Unexcused Absences:

Athletes and parents should understand that failure to notify the coach prior to an absence will usually result in the absence being considered unexcused. Some extenuating situations will be considered an excused absence without prior notification. If there is a question as to whether it is excused or not, the head coach and/or athletic director will make the decision. Unexcused absences will be made up and disciplinary action will be taken. Unexcused absences will accumulate on a per sport/per season basis. At the athletic director's

discretion, a student that misses “two-a-day” practices because of extenuating circumstances can be allowed into a program if the athlete chooses to complete the makeup work.

Disciplinary action for **unexcused absences from practice** will be as follows:

1st -3rd unexcused absence – athlete will complete sport specific make up work/extra conditioning designated by the head coach of their sport. Suspension from contest is possible if player is not actively completing makeup/conditioning work. Athletes and parents should understand that a loss of playing time could occur because of missed preparation time for that contest. This is in the best interest of the student’s safety and the well-being of the program.

After the **3rd unexcused absence** the athlete will be placed on a probationary contract. Violating the conditions of this contract could include dismissal from the sport.

Disciplinary action for **unexcused absences from contest** will be as follows:

Athlete will be placed on a probationary contract and make up work/extra conditioning/loss of playing time will be designated by the head coach of that sport and the athletic director. Violating the conditions of this contract could include dismissal from the sport.

CONDUCT

Category A Violations

- Any crime classified as a felony
- Theft
- Hazing/Bullying
- Engaging in conduct prohibited by the District’s Student Code of Conduct that is punishable by placement in DAEP or expulsion.

Note: Students placed in DAEP are ineligible to participate in or attend extracurricular activities pursuant to Texas Education Code § 37.006(g).

Consequences:

1st Offense – Suspension from competition for up to 15 days. Athlete must attend all practices.

2nd Offense – Suspension from competition for up to 30 days. Athlete must attend all

practices.

3rd Offense – Removed from Athletics for the remainder of the school year.

Re-admittance into Athletics must be approved through the Athletic Director.

Disclosure Policy:

Disclosure enables an athlete to notify the Head Coach/Athletic Director of a Category A violation. By disclosing, the athlete's suspension may be reduced by one half. Disclosure should occur by the end of the next school day or prior to the next scheduled practice or contest. If disclosure does not occur within this time frame, then full suspension will be applied.

Felony Offense Disciplinary Action:

Any athlete found to be accused of a felony will be suspended from Athletics. This is not an assumption of guilt, but rather to provide the student-athlete with an opportunity to clear his/her name. Students will be reinstated when the case is either dismissed or found not guilty. If the student is found guilty the student will be removed from Athletics for the remainder of the school year. Re-admittance into athletics must be approved through the Athletic Director.

Category B Violations

- Buying, selling, giving, delivering, using, possessing, or being under the influence of alcohol, tobacco, or prescription drugs
- Behavior that results in ISS/OSS
- Posting messages or images on social media depicting illegal activity or that are detrimental to the Athletic Program and WISD.
- Outright disrespect in response to a coach, teacher, or administrator.
- **Habitual Category C violations that result in multiple office referrals.**

Consequences:

1st Offense - Extra Conditioning / Possible Loss of Playing Time

2nd Offense - Extra Conditioning / Loss of Playing Time / Possible suspension from the team

3rd Offense - Extra Conditioning / Loss of Playing Time / Possible suspension from the team/ Possible removal from the Athletic Program

Category C Violations

- Excessive tardies to athletic period, meetings, practices, classes and/or other events without permission from the coach
- Engaging in acts of poor sportsmanship, such as cheating, ejection from contest, or taunting other participants
- Being disruptive during a game, meeting, practice, and/or other event
- Violating the District's standards for dress and grooming or the standards set for the specific extracurricular activity, and engaging in general misconduct prohibited by the District's Student Code of Conduct.

Consequences:

Each coach or sponsor will assign consequences for Category C violations.

LETTER JACKETS

Participant must have completed the season as a Varsity member in good standing and meet UIL requirements to be eligible for consideration. Each athlete who letters for the first time will be given one letter jacket per high school career. Any lost or damaged jackets will be replaced at the cost of the athlete. Additional patches, besides the letter itself, will be purchased by the athlete. For an athletic trainer or manager to earn a letter jacket, they must assist in two sports within the same school year. They must attend all practices and competitions that are assigned by the head coach of that sport and finish each sport in good standing.

QUITTING/DISMISSAL FROM PROGRAM

1. Student must bring a note from parents stating that they are aware of his or her intentions and its implications.

2. A student forfeits his or her right to participate in that sport and will not be able to participate in another sport until the regular season is over.
3. If the head coach is in agreement that an athlete be released from his or her sport, there will be no penalty assessed.
4. There will be a **one-week** "grace" period from the day the athlete begins the sport. (If an athlete chooses to quit during this period, there would be no penalty.)
5. If an athlete is participating in two or more sports at one time and is released by the head coach of one sport, the athlete may continue to participate in the other sport.

*** An athlete that has quit or has been dismissed from a sport will not be permitted to participate in another sport's contest, until he/she has run two (2) miles per practice for ten consecutive practices or 20 miles.**

*** If an athlete is participating in two or more sports at one time and quits one sport without release from head coach, he or she will not be allowed to participate in the other sport until he/she has run two (2) miles per practice for ten consecutive practices or 20 miles.**

PARENT / COACH RELATIONSHIPS

Both parenting and coaching are very difficult vocations. By establishing an understanding between coaches and parents, both are better able to accept the actions of the other and provide a more positive experience for everyone. Parents have the right to know, and understand, the expectations placed on them and their children. Coaches have the right to know that if parents have a concern, they will discuss it with the coach at the appropriate time and place.

Communication parents should expect from their child's coach:

- 1) Coach's philosophy.
- 2) Expectations the coach has for your son or daughter, as well as other players on the team.
- 3) Locations and times of practices and contests.

4) Team requirements, i.e., fees, special equipment needed, school & team rules, off-season expectations.

5) Procedures that will be followed if your child becomes injured during participation.

Communication coaches expect from parents:

1) Concerns regarding their son or daughter expressed directly to the coach at the appropriate time and place.

2) Specific concerns in regard to the coach's philosophy and/or expectations.

3) Notification of any schedule conflicts well in advance.

As your child becomes involved in interscholastic athletics, they will experience some of the most rewarding moments of their lives. It's important to understand there may be times when things do not go the way you or your child wishes. These are the times discussion with the coach is encouraged.

Appropriate concerns to discuss with a coach:

1) The mental and physical treatment of your child.

2) What your child needs to do to improve.

3) Concerns about your child's behavior.

It is very difficult to accept your child is not playing as much as you may hope. Coaches make decisions based on what they believe is in the best interests of all students participating. As you can see from the list above, certain things can and should be discussed with your child's coach. Other things, such as those listed next, must be left to the discretion of the coach.

Issues NOT appropriate for discussion with your child's coach:

1) How much playing time each athlete is getting.

2) Team strategy.

3) Play calling.

4) Any situation that deals with other student-athletes.

There are situations that may require a conference between the coach and parent. These are not discouraged, as it is important for each party to have a clear understanding of the other's position. When these conferences are necessary, the following procedure is suggested to help promote resolution to the issue. If a parent has a concern to discuss with the coach, the following procedure should be followed:

- 1) Call the coach to set up an appointment.
- 2) If the coach cannot be reached, call the athletic director and ask him or her to set up a meeting with the coach for you.
- 3) Think about what you expect to accomplish as a result of the meeting.
- 4) Stick to discussing the facts, as you understand them.
- 5) Do not confront the coach before, during or after a practice or contest. These can be emotional times for both the parent and coach. Meetings of this nature do not promote resolution of the situation, but often escalate it.

What should a parent do if the meeting with the coach didn't provide satisfactory resolution?

- 1) Call the athletic director to set up a meeting with the athletic director, coach, and parent present.
- 2) At this meeting, an appropriate next step can be determined, if necessary.

Students' involvement in extra-curricular activities has been proven to increase the chances of success later in life. We hope the information contained in this manual helps make that experience more enjoyable for everyone involved.

BEHAVIOR EXPECTATIONS OF SPECTATORS

Remember that you are at the contest to support and yell for your team, and to enjoy the skill and competition - not to intimidate or ridicule the other team or its fans.

Remember that school athletics are a learning experience for students and that mistakes are sometimes made. Praise student-athletes in their attempt to improve themselves as students, as athletes, and as people, just as you would praise a student working in the classroom.

A ticket is a privilege to observe the contest, not a license to verbally assault others or be generally obnoxious.

Learn the rules of the game, so that you may understand and appreciate why certain situations take place.

Show respect for the opposing players, coaches, spectators and support groups.

Respect the integrity and judgement of game officials. Understand that they are doing their best to help promote the student-athlete, and admire their willingness to participate in full view of the public.

Recognize and show appreciation for an outstanding play by either team.

Refrain from the use of any controlled substances (alcohol, drugs, etc.) before, during, and after the game on or near the site of the event (i.e. tailgating).

Use only cheers that support and uplift the teams involved.

Be a positive role model at events through your own actions and by censuring those around you whose behavior is unbecoming.

Parents and spectators should be aware that the school can (and should) remove them from the premises and can prohibit them from attending future contests due to undesirable behaviors.

Game officials can ask that school administrators have unruly fans removed from a contest facility.

There is no such thing as a “right” to attend interscholastic athletics. Interscholastic athletics are considered a “privilege” and the spectator who avails themselves of it is expected to conduct himself or herself accordingly.

Keep in mind that you are a guest of the school, and that while winning is certainly an admirable goal, it is hollow if it comes at the expense of morals, ethics, and just plain common sense.

The school is responsible for the behavior of their spectators. The school district can be and will be punished for actions of patrons in violation of UIL standards and rules.

FORMS

Pre-participation Physical Evaluation Form

<http://www.uiltexas.org/files/athletics/forms/PrePhysForm17-18.pdf>

Sudden Cardiac Arrest Awareness Form

http://www.uiltexas.org/files/athletics/forms/2017_SCA_Awareness_Form.pdf

The following forms are also available on Rank One and U.I.L. websites. Our Athletic Trainer, Nicole Curtis, can answer any questions you may have.

ncurtis@whartonisd.net

ACKNOWLEDGEMENT OF RULES

Attention School Authorities: This form must be signed yearly by both the student and parent/guardian and be on file at your school before the student may participate in any practice session, scrimmage, or contest. A copy of the student's medical history and physical examination form signed by a physician or medical history form signed by a parent must also be on file at your school.

Student's Name _____ Date of Birth _____
Current School _____

Parent or Guardian's Permit

I hereby give my consent for the above student to compete in University Interscholastic League approved sports, and travel with the coach or other representative of the school on any trips.

Furthermore, as a condition of participation and for the purpose of ensuring compliance with University Interscholastic League (UIL) rules, I consent to the disclosure of personally identifiable information, including information that may be subject to the Family Educational Rights and Privacy Act (FERPA), regarding the above named student between and among the following: the high school or middle school where the student currently attends or has attended; any school the student transfers to; the relevant District Executive Committee and the UIL. I further understand that all information relevant to the student's UIL eligibility and compliance with other UIL rules may be discussed and considered in a public forum. I acknowledge that revocation of this consent must be in writing and delivered to the student's school and the UIL.

It is understood that even though protective equipment is worn by the athlete whenever needed, the possibility of an accident still remains. Neither the University Interscholastic League nor the high school assumes any responsibility in case an accident occurs.

I have read and understand the University Interscholastic League rules on the reverse side of this form and agree that my son/daughter will abide by all of the University Interscholastic League rules.

The undersigned agrees to be responsible for the safe return of all athletic equipment issued by the school to the above named student.

If, in the judgement of any representatives of the school, the above student needs immediate care and treatment as a result of any injury or sickness, I do hereby request, authorize, and consent to such care and treatment as may be given to said student by any physician, licensed athletic trainer, nurse, hospital, or school representative; and I do hereby agree to indemnify and save harmless the school and any school representative from any claim by any person whomsoever on account of such care and treatment of said student.

I have been provided the UIL Parent Information Manual regarding health and safety issues including concussions and my responsibilities as a parent/guardian. I understand that failure to provide accurate and truthful information on UIL forms could subject the student in question to penalties determined by the UIL.

The UIL Parent Information Manual is located at www.uil texas.org/files/athletics/manuals/parent-information-manual.pdf.

Your signature below gives authorization that is necessary for the school district, its licensed athletic trainers, coaches, associated physicians and student insurance personnel to share information concerning medical diagnosis and treatment for your student.

To the Parent: Check any activity in which this student is allowed to participate.

Baseball	Football	Softball	Tennis
Basketball	Golf	Swimming & Diving	Track & Field
Cross Country	Soccer	Team Tennis	Volleyball
Wrestling			

Date _____

Signature of parent or guardian _____

Street address _____

City _____ State _____ Zip _____

Home Phone _____ Business Phone _____

GENERAL INFORMATION

School coaches may not:

- Transport, register, or instruct students in grades 7-12 from their attendance zone in non-school baseball, basketball, football, soccer, softball, or volleyball camps (exception: See Section 1209 of the Constitution and Contest Rules).
- Give any instruction or schedule any practice for an individual or a team during the off-season except during the one in school day athletic period in baseball, basketball, football, soccer, softball, or volleyball.
- Schools and school booster clubs may not provide funds, fees, or transportation for non-school activities.

GENERAL ELIGIBILITY RULES

According to UIL standards, students could be eligible to represent their school in interscholastic activities if they:

- are not 19 years of age or older on or before September 1 of the current scholastic year. (See Section 446 of the Constitution and Contest Rules for exception).
- have not graduated from high school.
- are enrolled by the sixth class day of the current school year or have been in attendance for fifteen calendar days immediately preceding a varsity contest.
- are full-time students in the participant high school they wish to represent.
 - initially enrolled in the ninth grade not more than four years ago.
 - are meeting academic standards required by state law.
 - live with their parents inside the school district attendance zone their first year of attendance. (Parent residence applies to varsity athletic eligibility only.) When the parents do not reside inside the district attendance zone the student could be eligible if: the student has been in continuous attendance for at least one calendar year and has not enrolled at another school; no inducement is given to the student to attend the school (for example: students or their parents must pay their room and board when they do not live with a relative; students driving back into the district should pay their own transportation costs); and it is not a violation of local school or TEA policies for the student to continue attending the school. Students placed by the Texas Youth Commission are covered under Custodial Residence (see Section 442 of the Constitution and Contest Rules).
- have observed all provisions of the Awards Rule.
- have not been recruited. (Does not apply to college recruiting as permitted by rule.)
- have not violated any provision of the summer camp rule. Incoming 10-12 grade students shall not attend a baseball, basketball, football, soccer, or volleyball camp in which a seventh through twelfth grade coach from their school district attendance zone, works with, instructs, transports or registers that student in the camp. Students who will be in grades 7, 8, and 9 may attend one baseball, one basketball, one football, one soccer, one softball, and one volleyball camp in which a coach from their school district attendance zone is employed, for no more than six consecutive

days each summer in each type of sports camp. Baseball, Basketball, Football, Soccer, Softball, and Volleyball camps where school personnel work with their own students may be held in May, after the last day of school, June, July and August prior to the second Monday in August. If such camps are sponsored by school district personnel, they must be held within the boundaries of the school district and the superintendent or his designee shall approve the schedule of fees.

- have observed all provisions of the Athletic Amateur Rule. Students may not accept money or other valuable consideration (tangible or intangible property or service including anything that is usable, wearable, salable or consumable) for participating in any athletic sport during any part of the year. Athletes shall not receive valuable consideration for allowing their names to be used for the promotion of any product, plan or service. Students who inadvertently violate the amateur rule by accepting valuable consideration may regain athletic eligibility by returning the valuable consideration. If individuals return the valuable consideration within 30 days after they are informed of the rule violation, they regain their athletic eligibility when they return it. If they fail to return it within 30 days, they remain ineligible for one year from when they accepted it. During the period of time from when students receive valuable consideration until they return it, they are ineligible for varsity athletic competition in the sport in which the violation occurred. Minimum penalty for participating in a contest while ineligible is forfeiture of the contest.
- did not change schools for athletic purposes.

I understand that failure to provide accurate and truthful information on UIL forms could subject the student in question to penalties determined by the UIL.

I have read the regulations cited above and agree to follow the rules.

Date

Signature of student



CONCUSSION ACKNOWLEDGEMENT FORM

Name of Student _____

Definition of Concussion - means a complex pathophysiological process affecting the brain caused by a traumatic physical force or impact to the head or body, which may: (A) include temporary or prolonged altered brain function resulting in physical, cognitive, or emotional symptoms or altered sleep patterns; and (B) involve loss of consciousness.

Prevention - Teach and practice safe play & proper technique.
 - Follow the rules of play.
 - Make sure the required protective equipment is worn for all practices and games.
 - Protective equipment must fit properly and be inspected on a regular basis.

Signs and Symptoms of Concussion - The signs and symptoms of concussion may include but are not limited to: Headache, appears to be dazed or stunned, tinnitus (ringing in the ears), fatigue, slurred speech, nausea or vomiting, dizziness, loss of balance, blurry vision, sensitive to light or noise, feel foggy or groggy, memory loss, or confusion.

Oversight - Each district shall appoint and approve a Concussion Oversight Team (COT). The COT shall include at least one physician and an athletic trainer if one is employed by the school district. Other members may include: Advanced Practice Nurse, neuropsychologist or a physician's assistant. The COT is charged with developing the Return to Play protocol based on peer reviewed scientific evidence.

Treatment of Concussion - The student-athlete/cheerleader shall be removed from practice or participation immediately if suspected to have sustained a concussion. Every student-athlete/cheerleader suspected of sustaining a concussion shall be seen by a physician before they may return to athletic or cheerleading participation. The treatment for concussion is cognitive rest. Students should limit external stimulation such as watching television, playing video games, sending text messages, use of computer, and bright lights. When all signs and symptoms of concussion have cleared and the student has received written clearance from a physician, the student-athlete/cheerleader may begin their district's Return to Play protocol as determined by the Concussion Oversight Team.

Return to Play - According to the Texas Education Code, Section 38.157:

A student removed from an interscholastic athletics practice or competition (including per UIL rule, cheerleading) under Section 38.156 may not be permitted to practice or participate again following the force or impact believed to have caused the concussion until:

- (1) the student has been evaluated, using established medical protocols based on peer-reviewed scientific evidence, by a treating physician chosen by the student or the student's parent or guardian or another person with legal authority to make medical decisions for the student;
- (2) the student has successfully completed each requirement of the return-to-play protocol established under Section 38.153 necessary for the student to return to play;
- (3) the treating physician has provided a written statement indicating that, in the physician's professional judgment, it is safe for the student to return to play; and
- (4) the student and the student's parent or guardian or another person with legal authority to make medical decisions for the student:
 - (A) have acknowledged that the student has completed the requirements of the return-to-play protocol necessary for the student to return to play;
 - (B) have provided the treating physician's written statement under Subdivision (3) to the person responsible for compliance with the return-to-play protocol under Subsection (c) and the person who has supervisory responsibilities under Subsection (c); and
 - (C) have signed a consent form indicating that the person signing:
 - (i) has been informed concerning and consents to the student participating in returning to play in accordance with the return-to-play protocol;
 - (ii) understands the risks associated with the student returning to play and will comply with any ongoing requirements in the return-to-play protocol;
 - (iii) consents to the disclosure to appropriate persons, consistent with the Health Insurance Portability and Accountability Act of 1996 (Pub. L. No. 104-191), of the treating physician's written statement under Subdivision (3) and, if any, the return-to-play recommendations of the treating physician; and
 - (iv) understands the immunity provisions under Section 38.159.

 Parent or Guardian Signature

 Date

 Student Signature

 Date



University Interscholastic League



Parent and Student Agreement/Acknowledgement Form
Anabolic Steroid Use and Random Steroid Testing

- Texas state law prohibits possessing, dispensing, delivering or administering a steroid in a manner not allowed by state law.
- Texas state law also provides that body building, muscle enhancement or the increase in muscle bulk or strength through the use of a steroid by a person who is in good health is not a valid medical purpose.
- Texas state law requires that only a licensed practitioner with prescriptive authority may prescribe a steroid for a person.
- Any violation of state law concerning steroids is a criminal offense punishable by confinement in jail or imprisonment in the Texas Department of Criminal Justice.

STUDENT ACKNOWLEDGEMENT AND AGREEMENT

As a prerequisite to participation in UIL athletic activities, I agree that I will not use anabolic steroids as defined in the UIL Anabolic Steroid Testing Program Protocol. I have read this form and understand that I may be asked to submit to testing for the presence of anabolic steroids in my body, and I do hereby agree to submit to such testing and analysis by a certified laboratory. I further understand and agree that the results of the steroid testing may be provided to certain individuals in my high school as specified in the UIL Anabolic Steroid Testing Program Protocol which is available on the UIL website at www.uiltexas.org. I understand and agree that the results of steroid testing will be held confidential to the extent required by law. I understand that failure to provide accurate and truthful information could subject me to penalties as determined by UIL.

Student Name (Print): _____ Grade (9-12) _____

Student Signature: _____ Date: _____

PARENT/GUARDIAN CERTIFICATION AND ACKNOWLEDGEMENT

As a prerequisite to participation by my student in UIL athletic activities, I certify and acknowledge that I have read this form and understand that my student must refrain from anabolic steroid use and may be asked to submit to testing for the presence of anabolic steroids in his/her body. I do hereby agree to submit my child to such testing and analysis by a certified laboratory. I further understand and agree that the results of the steroid testing may be provided to certain individuals in my student's high school as specified in the UIL Anabolic Steroid Testing Program Protocol which is available on the UIL website at www.uiltexas.org. I understand and agree that the results of steroid testing will be held confidential to the extent required by law. I understand that failure to provide accurate and truthful information could subject my student to penalties as determined by UIL.

Name (Print): _____

Signature: _____ Date: _____

Relationship to student: _____

School Year (to be completed annually) _____